



Department of Public Health and Human Services

Nutrition & Physical Activity Program ♦ Healthy Lifestyles Section of Chronic Disease Bureau ,
Helena, MT 59602-2953 ♦ www.mynapa.com, 406 444 9617

Steve Bullock, Governor

Richard H. Opper, Director

January 17, 2013

Dear Montana Breastfeeding Advocate,

Breastfeeding is known to be an effective practice for preventing a number of chronic diseases and obesity in both children and mothers. Like you, the Montana Nutrition and Physical Activity Program (NAPA) recognize that basic understanding in human lactation/breastfeeding may be lacking in your area of residence. The Montana Nutrition and Physical Activity Program staff is delighted to announce several scholarships for the upcoming Certified Lactation Counselor (CLC) training in Helena, Montana February 25-March 1, 2013. The training will be located at Saint Peters Hospital.

To assist Montana residents, the NAPA program will be offering registration scholarships of \$700.00. To apply for this award, please complete the brief application attached. The deadline is **January 25, 2013**. Please email applications to the address at the bottom of this page.

If you are selected, the NAPA program will facilitate registration for the training.

Ideal candidate will be willing to share the acquired information with peers and mothers around the state.

For more information, please email me. We appreciate your time and interest!

Lynn Hellenga MSRD, IBCLC
Senior Breastfeeding Consultant
Montana Nutrition and Physical Activity Program
1400 Broadway, PO Box 202951
Helena, MT 59620-2951
lhellenga@montana.edu